

Cape Western Area

SCaR



Bulletin No 2 July 2006

www.scouting.org.za/capewest



Where Is the 2007 Jamboree?

The 21st World Scout Jamboree will take place at Hylands Park, Chelmsford, England. It is within easy reach of both central London and the airports surrounding London.

Hylands Park is a large 500 acre area of rolling parkland, with patches of woodland and an English country house. It offers an ideal location for the jamboree site.



Chelmsford is a local town and has a history stretching back thousands of years. Chelmsford Borough Council owns Hylands Park and is strongly supporting the jamboree.

Gilwell Park is the home of Scouting in the UK and is close to both Hylands Park and London. It will be the focus of adventurous activities in the Gilwell Adventure, which is one of the jamboree program venues.

The United Kingdom is a diverse and multicultural society that combines tradition with high technology. The UK has the honor of being the country where Sir Robert Baden-Powell founded Scouting. His first experiment was with an encampment on Brownsea Island in 1907 with 22 Scouts from the London area.



Do U Know about the SMC?
Contact Area HQ 5916842/3 for more details.



Do U know we have an overnight Hut on...



STRATEGY
ACHIEVING OUR MISSION

SCOUT HERITAGE CENTRE



Did U know? We have a 'Scouting Museum' at HQ in Goodwood?

FREE CAMPING



Did U Know? That all Groups who have paid their Annual Area Membership Fees up to date, qualify for two free nights camping at any of our Area Campsites. This equates to two free camp fee nights per year per paid up member.

IT'S NOT ABOUT WHAT MY COUNTRY CAN DO FOR ME...

IT'S WHAT I CAN DO FOR MY COUNTRY



CEDERBERG 2006/7

"Once again promises to be an unforgettable Adventure with over 500 Scouts taking part. Don't dare miss it!"

Have you camped / used all our Area Sites? We have Appleton Camp on Signal Hill, The Scout Hut on Table Mountain, Sandvlei Sea Scout and Sailing Base, Gilray Camp at Grassy Park and Hawequas Scout Ranch in Wellington. Contact Area HQ in Goodwood for any info or bookings at 591-6842 / 3.

Cubs

For males and females age 8 to 11 years old progressing to age. **Top Award is the Leaping Wolf.** To Qualify candidate to complete 10 year old Lion, Home Tasks, Personal Challenge, Helping Others, Compass, Map, A Walk, Report, First-Aid, Languages, Religion, Conservation, Emergencies and Outdoor Life.



KNOW YOUR JUNGLE ANIMALS

MOWGLI – Boy (Man-Cub) raised by Wolves
 RAKSHA – Mother Wolf who raised Mowgli
 AKELA – Lone grey Wolf, leader of the See-o-nee Pack
 BALOO – Wise old Bear who knew the jungle Laws
 BAGHEERA – Clever black Panther
 SHERE KHAN - Tiger
 KAA – Great rock Python
 HATHI – Colonel and leader of the Elephant brigade
 BANDARLOG – Monkey people
 TABAQUI – Sneaky Jackals
 RAMA – Leader of the Buffaloes
 CHIL – The Kite (bird)
 NAG – Cobra
 RIKKI-TIKKI-TAVI - Mongoose
 FLAPS, ZIGGY & BUZZIE - Vultures



Cub Fun Day Saturday 27 May 2006

Held at Monte Vista Scout Hall with the theme tying into our Cubing age – **'AROUND THE WORLD IN 90 DAYS'**. Thanks to all the Cubs who came along to enjoy the day with us. There were lots of games, eats, FUN and laughs!



The National Cub Challenge 2006

Cubs started in 1916, a whole 9 years after Scouts. This year Cubing turns 90 and after all these years, Cubs are still having lots of fun and adventure. Each year Cub Packs take up a challenge and this years challenge is **'NINETY YEARS & COUNTING'**. Ask Akela about it and oh, remember the Challenge closes on 30 September, so DYB

There are three sections to the Challenge:
 1. A Pack 90 year Birthday Party
 2. Dressing up like Cubs did 90 years ago
 3. 'Net a Ninety' – either spoil a 90 year old
 Or collect 90 'things' for the elderly



Scouts

For males and females age 11 to 18 years old progressing to age. **Top Award is the Springbok Scout.** To Qualify: Candidate to complete 30 + nights camping, Construction Project, Cooking, Hiking, Camping, Service and Personal Development Activities.



CW SPRINGBOK SCOUTS 2005/6

Bronwyn Glass 2nd Hout Bay
Christopher Ashbolt 1st Edgemead
Darren Erasmus 1st Bothasig
David Bailes 1st Edgemead
Derek Bredenkamp 1st Bergvliet
Elizabeth Britz 1st Strand
Jake Oliver 2nd Somerset West
Jason Pentz 1st Bothasig
Jürgen Dünhofen 1st Table View
Kyle Reed 1st George
Matthew Hodge 1st Fish Hoek
Matthew Perring 1st Gilford
Matthew Schnetler 1st Naruna/Constantia
Michael Keegan 1st Bergvliet
Nathan Stevens 1st Bellville
Nicholas May 2nd Bergvliet
Nicholas Roets 2nd Rondebosch
Quintin Combrink 1st Monte Vista
Sean Delahunt 2nd Somerset West
Stephan Thaele 1st Table View
Stephen Haupt 1st Durbanville
Troy Niddrie 1st Naruna/Constantia
Peter Otzen 2nd Bergvliet

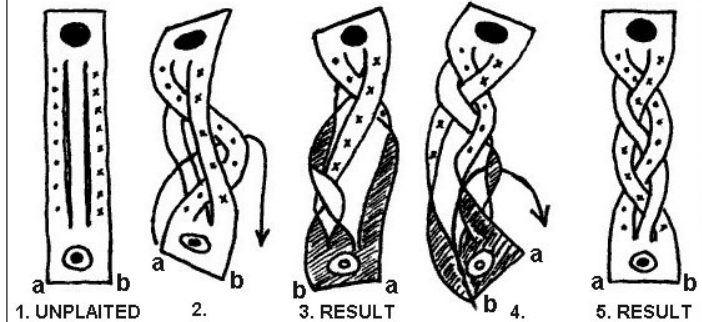
ACHIEVE

MENTS

TOP 10 GROUPS 2005 in CW

2 nd Fish Hoek	1 st Bergvliet
1 st Durbanville	1 st Naruna/Constantia
2 nd Plumstead	2 nd Plumstead
2 nd Somerset West	1 st Table View
1 st Bergvliet	1 st Merrydale

PLAITING A WOGGLE



15th Gilqua PLTU Saturday 1 to Sunday 9 April 2006 at Hawequas



Jason is flying!

What are they up to?



Serious Stuff



CARTOON HEROES

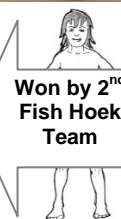
21 to 23 April 2006
Sea Scout Base
Sandvlei, Cape Town



Well done to the 2006 Overall Kontiki winners 1st Cape Peninsula Ranger Guides



Gordon Shield
Sat 6 to Sun 7 May



Won by 2nd
Fish Hoek
Team



Rovers

For males and females age 18 to 35 years old progressing to choice. Contact Charles Prince prince.gimli@gmail.com
Top Award is the BP Award. To Qualify: Candidate to complete 4 of 7 Awards from Scoutcraft / Rambler's / Project / Civics / Careers / Service / Sports and set an outstanding example to others.



Own your life. Invest in your life & Live your life. OIL is an Non-Government Organisation, working in the area of adolescent peer education in Fish Hoek Valley Cape Town. They equip selected youth with the skills, knowledge and attitudes to make positive choices in their lives. Through modelling desirable behaviours to their peers, other youth are encouraged to make changes in their lives and communities. Over the last three years, an estimated 400 youth have participated in their leadership and advocacy courses and have impacted widely on others in their communities. email: info@oil.orq.za

If you were asked what your biggest sexual organ was, what would you answer? Is it your breasts? Bum? Genitals? Or is it your brain? Your brain is your biggest sexual organ. Every act or expression starts in the head as a thought. So if you were asked, what is sex? Would your answer be sexual intercourse, penetration, making love? Or would it be something more?

So what is sex?

According to the Compact Oxford English Dictionary sex is: **1** either of the two main categories (male and female) into which humans and most other living things are divided on the basis of their reproductive functions. **2** the fact of belonging to one of these categories. **3** the group of all members of either sex. **4** sexual activity, specifically sexual intercourse.

Sex could mean being male or female. But sex, the activity, includes different levels of sexual expression, from hugging, holding hands and kissing, through to sexual intercourse. Sex starts as a thought. Sex in itself is part of our sexuality. If sex is part of your sexuality, what is the difference?

Sexuality encompasses the sexual knowledge, beliefs, attitudes, values, and behaviours of individuals. It deals with the anatomy, physiology, and the biochemistry of the sexual response system; roles, identity, and personality; and individual thoughts, feelings, behaviours, and relationships. Simply put, sexuality is who you are. It is how others see you and how you see yourself. There are different aspects to a persons sexuality; intellectual, emotional, physical, social and spiritual.

Your intellectual side is the part of you that thinks about issues, ideas and makes decisions about life. Your ability to choose. Your emotional or psychological side is your feelings, reactions, desires and attitudes. Physically you are a physical body, with hair and teeth, arms and legs. The way you dress, the way you walk, your growth and your development. Your social or cultural being is the way you interact with other people. Your family, friends, peers and school. It's your relationships and your boundaries, your influences and sources of information. We live life according to a belief and from this stems our ethics, morals and values. This is your spiritual side. The standards you live by.

Sex and sexuality are different. Your sexuality includes you as a whole being. You share your sexuality with others, by sharing who you are. You can share yourself to someone without giving to them in a sexual way, but you cant give yourself to someone sexually without sharing who you are. To expect sex "with no strings attached" makes sex empty.

Newtons first law states that for every action there is an equal and opposite reaction. For every choice there is a consequence. Choosing to have sex affects all areas of your sexuality, it affects all areas of who you are. Value who you are and those around you for more than just an object. Life is too short to be empty.

Ack: Fullcircle magazine Nov 2005 Vol 2 No 11



HIV / AIDS



My life... is in my own hands!

(HIV stands for the Human Immune deficiency Virus. HIV was found to be the cause of the Acquired Immune Deficiency Syndrome (AIDS). It is speculated that the disease originated in Africa and is a breakdown of the body's immune system.)

How can I get AIDS?

Through contact with INFECTED BLOOD & SEX with an AIDS infected person.

How can I minimize getting AIDS?

By not sleeping around, by using a condom.

Aids Toll free Helpline 0800-0123-22



Send News / Comments to
 Charmaine Arendse
charmainea@ctpbooks.co.za or
 Andre Foot footaf@telkom.co.za



SCaR Edition 1

was successfully launched on Sunday
 9 April out at the Scout Ranch
 Hawequas at close of PLTU. All Cubs,
 Scouts & Rovers should have a copy.



Did U
 C Me?

